



ANNUAL REPORT 2023

BLUE SKIES SPORTS PROGRAMME MONGOLIA

PROGRAMME OVERVIEW

ESTABLISHED

2015

LOCATION

Ulaanbaatar (Capital City) and
Songinokhairkhan District

BACKGROUND

The Blue Skies Sports Programme provides children in our care with a variety of fun sporting activities to cultivate new interests and hobbies that support their physical health, physiological wellbeing, and social development. The students are also encouraged to participate in numerous national and international competitions and tournaments to foster bravery, self-confidence and encouragement amongst their peers

BENEFICIARIES

Children from the Blue Skies Ger Village, Blue Skies Kindergarten, Child Sponsorship Programme, siblings and friends of children enrolled in CNCF's programmes and children of CNCF staff members

LOCAL PARTNERS

Mongolian Taekwondo Association, Akhan Duus Mongolian Martial Art Association, Water Sports Association of Sukhbaatar District, Khanchandmani Sports Centre, Kyunghee Taekwondo Club, Western Football Club

CNCF ACCOUNTABILITY

CNCF is fully responsible for funding, programme management, monitoring and evaluation

MONITORING AND EVALUATION

CNCF's Director of Operations and CNCF's Ger Village Management Team conduct regular site visits during programme activities. Weekly internal meetings are organised for programme discussion and updates. An annual report is made available to all stakeholders. Most importantly, the progress of the children is celebrated at performances, sporting events and tournaments throughout the year

OUR YEAR

In 2023, CNCF's Blue Skies Sports Programme continued to provide children in our care with access to a range of sporting activities, including Taekwondo, Cricket, Archery, Basketball, Volleyball, Wrestling, and Swimming, promoting a healthy lifestyle and creating a supportive and nurturing environment for all children.

Through the transformative power of sports, children and young people are able to explore new interests and hobbies, whilst learning valuable life skills and fostering the development of their physical, physiological, emotional, and social wellbeing. Our students' talent in sports is evident in their participation and accomplishments at varied national and international competitions over the years.

Since inception,

 **728**
CHILDREN

have enrolled in CNCF's Blue Skies Sports Programme, supporting their physical health and overall wellbeing.

In 2023,

107 CHILDREN
(48 Boys & 59 Girls)

engaged in CNCF's Blue Skies Sports Programme

48 CHILDREN
were from CNCF's Blue Skies Ger Village

35 CHILDREN
were from CNCF's Blue Skies Kindergarten

12 CHILDREN
were from CNCF's Child Sponsorship Programme

12 CHILDREN
were siblings or friends of children in CNCF's Sponsorship Programme or children of CNCF staff members



OUR YEAR

Age Group

35
Children

0 - 5
years old

29
Children

6 - 10
years old

22
Children

11 - 14
years old

15
Young
People

15 - 17
years old

06
Young
People

18 - 22
years old

Taekwondo



107 CHILDREN
(48 Boys & 59 Girls)

participated in Taekwondo classes

48 CHILDREN
were from CNCF's Blue Skies Ger Village

12 CHILDREN
were from CNCF's Child Sponsorship Programme

35 CHILDREN
were from CNCF's Blue Skies Kindergarten

12 CHILDREN
were siblings or friends of children in CNCF's
Sponsorship Programme or children of CNCF
staff members

Age	0 - 5	6 - 10	11 - 14	15 - 17	18 - 22
Number of children	35	29	22	15	06



OUR YEAR

Cricket



20 CHILDREN
(10 Boys & 10 Girls)

from CNCF's Blue Skies
Ger Village participated
in Cricket classes

02

Children

6 - 10
years old

08

Children

11 - 14
years old

08

Young
People

15 - 17
years old

02

Young
People

18 - 22
years old

Basketball



01 CHILD
(1 Girl)

attended a Basketball course

Volleyball



07 CHILDREN
(02 Boys & 05 Girls)

attended a Volleyball course

National Archery



30 CHILDREN
(12 Boys & 18 Girls)

attended National Archery Class

Swimming



11 CHILDREN
(03 Boys & 08 Girls)

participated in Swimming classes

Freestyle Wrestling



01 CHILD
(1 Boy)

attended a Freestyle Wrestling course

Additional Support



11 EMERGENCY SUPPORT
PACKAGES

were provided to children and families in need

Trainings and Workshops

68 STUDENTS
aged 11-16 years old



participated in **06** sports trainings outside of
sports class

04 SPORTS
PROGRAMME STAFF



attended **04** trainings and workshops



OUR YEAR

Children's Achievements

 **55** TAEKWONDO STUDENTS participated in tournaments

 **110** PRIZES/MEDALS were awarded to the students

38
GOLD MEDALS

45
SILVER MEDALS

27
BRONZE MEDALS

Since inception, our talented young athletes have won **144 Gold**, **156 Silver** and **223 Bronze Medals** in Taekwondo.

 **18** CRICKET STUDENTS participated in **02** tournaments

 **05** MEDALS were awarded to the students

02 SILVER MEDALS
03 BRONZE MEDALS

Since inception, our talented young athletes have won **04 Gold**, **05 Silver** and **09 Bronze Medals** in Cricket.

Since inception,

02
Students

International Sports Masters

08
Students

Sports Masters

08
Students

Sports Sub-Masters



PROGRAMME DESCRIPTION

The Christina Noble Children's Foundation (CNCF) firmly believes in the transformative power of sports, where benefits extend well beyond physical advantages. Engaging in sports also facilitates essential social and psychological development for every child and young person. Our philosophy ensures that all children, regardless of their backgrounds and circumstances, have access to a quality, well-rounded education. CNCF's Sports Programme provides underprivileged children with opportunities to participate in athletic activities, promoting physical health and overall wellbeing, and fostering vital life skills and character traits essential for leading a self-sufficient and sustainable future.

CNCF's Blue Skies Sports Programme initially catered to children of the Blue Skies Ger Village. It has since expanded to include children from the Child Sponsorship Programme, their siblings, and children of CNCF staff members. Throughout the year, our dedicated staff organise a variety of sports activities, such as morning exercises and a Ger Village Sports Day. We encourage participation in numerous national and international competitions and tournaments, which promote bravery, self-confidence, and mutual encouragement among peers. Presently, the Blue Skies Sports Programme offers classes in Taekwondo, Cricket, and National Archery. There is also a basketball court and volleyball net at CNCF's Blue Skies Ger Village, where our students and team members often gather to engage in sports together.

Taekwondo

Many of our children come from extremely challenging backgrounds, experiencing daily behavioural, emotional, and psychological distress. Therefore, our Taekwondo classes provide a safe environment for young people to improve physical fitness, express themselves, and build self-confidence and self-esteem. Taekwondo is a favourite activity among the children, helping them develop focus, discipline, and emotional expression in a therapeutic setting.

Students are divided into five groups according to their school schedules. Kindergarten students participate in one-hour lessons, while other students attend two two-hour sessions per week. These sessions are led by our professional coach, who conducts classes with pride, passion, and attention to each child's needs. During lessons, children learn essential self-defence techniques and wear protective gear provided by our staff.



PROGRAMME DESCRIPTION

Cricket

In 2016, our children began attending Cricket lessons organised by the Mongolian Cricket Association, Mongolia's first Cricket organisation. These lessons promote teamwork, cooperation, and communication skills, alongside physical fitness, stamina, and hand-eye coordination.

Students attend weekly four-hour training sessions at the club's grounds located in one of the capital city's main parks. Activities include sprinting, speed running skill development, bowling, and throwing techniques. Headteacher Davaasuren, Mongolia's first internationally qualified coach, teaches our children with enthusiasm and passion, empowering them to improve their psychological and physical health, as well as their academic performance. Our association with the Mongolian Cricket Association supports children in developing coordination and fitness, encouraging them to stay active outdoors and form new friendships.

CNCF's Sports Programme Officer attends a regular Cricket coaching course organised by the club, encouraging and supporting our children's sporting development by overseeing practice sessions at the Ger Village.

National Archery

In 2023, our children began attending National Archery classes organised by CNCF's teacher, a professional archer, during the children's summer vacation. These classes, held at the Ger Village regularly in June and July, introduce Ger Village children to Mongolia's traditional sport of Archery, teaching them the basics, customs, and rules of national archery.



PROGRAMME DESCRIPTION

Events & Activities

Taekwondo Tournaments

These tournaments empower our students to participate in competitions, foster self-belief and goal-setting, as well as enhance their skills and techniques.

Taekwondo Performances

Throughout the year, our students demonstrate their skills at Ger Village events such as birthdays, graduations, and Children's Day celebrations.

Ger Village Sports Day

To foster team spirit and community at CNCF's Ger Village, our team organises a day of friendly sporting competitions. Activities include volleyball matches, basketball tournaments, relay races, and games. Children enjoy a day filled with activities, forging connections through teamwork.

Freestyle Wrestling Course

One Ger Village student has shown interest in wrestling and has begun attending a freestyle wrestling course organised by a local sports club. Through dedication and passion for the sport, the student has made significant progress in a short time.



PROGRAMME DESCRIPTION

Events & Activities

Basketball Course

One Ger Village child was enrolled in a basketball course organised by their school and demonstrating unwavering determination, they have represented their school in local tournaments.

Outdoor Morning Exercise

During the summer holidays, outdoor morning exercise classes are held at our Ger Village, empowering children to maintain a healthy routine and improve their fitness while enjoying activities with friends. Sessions start at 7am and include jogging around the Ger Village and aerobics on the basketball court, ensuring children start the day energised.

Life Skills Training & Workshops

To support students in choosing sports career pathways, they participate in training sessions to understand training requirements and maximise career potential.

Staff Training & Workshops

In 2023, our Sports Programme staff participated in training and presentations delivered by CNCF's Healthcare and Psychology Team.



OUR STORIES

Strength in Sport: Transforming Lives Through Resilience and Determination

10-year-old Tuya* lives at CNCF's Blue Skies Ger Village with her elder brother, sister, and twin. Her father passed away in 2020, followed by her mother in 2022. After their parents' deaths, the children stayed with their grandmother and her partner. However, due to their grandmother's advancing age, they moved to the Ger Village in January 2023.

Initially reserved, Tuya gradually opened up after discovering and embracing Taekwondo through CNCF's Sports Programme. The sport soon became a transformative force, boosting her self-assurance, physical fitness, and social interaction. She excelled in various events held at the Ger Village and achieved success in numerous competitions, securing gold and silver medals. Her ambition is to progress in Taekwondo and attain the rank of black belt.

In her own words, *"this sport means the world to me. Amidst life's adversities and the loss of my parents, Taekwondo has brought solace and happiness into my life. It has been a remarkable teacher, imparting invaluable lessons in patience, perseverance, and respect for opponents. This year, I clinched a gold medal at the Soyombo Cup and the 2023 Ambassador's Cup in South Korea. I extend heartfelt thanks to CNCF, my CNCF coach, and my friends whose unwavering support and guidance have been crucial to my success. I am determined to justify your faith in me."*

Her journey through Taekwondo has not only enhanced her physical abilities but also symbolises resilience, personal growth, and the triumph of determination in the face of adversity.

*Name and identity changed to protect privacy



OUR STORIES

Transformed Through Taekwondo

15-year-old Bold* has dedicated himself to Taekwondo for seven years. Living with his parents and older brother, his journey in the sport began after years spent wandering the streets with his father, labouring to earn money for food until CNCF heard of the family's struggles. During this period, CNCF supported Bold by enabling him to stay in school and participate in Taekwondo practice through CNCF's Sports Programme. This not only ensured Bold's safety and empowerment but also alleviated significant financial pressures on the family, enabling his mother to focus on caring for his younger brother.

Taekwondo has deeply instilled in Bold a profound respect for others, fostering numerous friendships along the way. Through rigorous practice, he has embraced essential values such as integrity, tolerance, and self-defence.

Throughout his journey, Bold has actively participated in various competitions, consistently earning accolades including gold, silver, bronze, and other medals. Achieving the rank of black belt and ascending to the position of sub-master of sports stands as the crowning achievements of his dedication. Bold extends sincere gratitude to CNCF, his CNCF Taekwondo Coach, and all his friends for their unwavering support.

His dedication to Taekwondo has not gone unnoticed within his school, where he was honoured as the most athletic student in 2023. Witnessing firsthand the transformative power of sports, Bold has observed how engagement in activities can mould individuals into compassionate and considerate beings, fostering empathy and breaking down barriers. He passionately encourages his friends to explore Taekwondo, recognising its potential to positively shape lives and instil valuable life lessons.

*Name and identity changed to protect privacy



REPORT 2023

FINANCIAL OVERVIEW

The operational cost of the Blue Skies Sports Programme in 2023 was:

\$13,382 USD

Heartfelt thanks to our financial donors who enabled CNCF to keep this programme operating and also to those who generously support with gift and time in-kind which enables us to keep our costs down.

Our audits can be found [here](#).











BLUE SKIES SPORTS PROGRAMME EXPENDITURES IN 2023

Expenditure	Amount (USD)
Clothing and Equipment	0.00
Staff Salaries	6,485.85
Staff Social Insurance (Mandatory)	797.83
Utilities (Electricity, Firewood & Coal)	1,446.02
Taekwondo Tournaments, World Championship & Gradings	2,788.71
Cricket & Sport Club Fees	1,354.02
Staff Training, Public & Staff Relations	137.49
Miscellaneous / Others	372.11
TOTAL COST	13,382.03



For more information on this report and our CNCF projects in Mongolia, please contact:

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